



## bodytek – MagChair™



**Bodytek – MagChair™** is a revolutionary non-invasive and comfortable physiotherapy treatment for:

- Men or women suffering from urinary incontinence.
- Mothers with stress incontinence following childbirth.
- Men having prostate issues.

## How it Works?

The pelvic floor muscles support the pelvic floor organs and control continence. However, natural body aging, childbirth and menopause can cause this group of muscles to decondition resulting in continence problems such as leaking urine when coughing or sneezing.

- The **bodytek - MagChair™** treatment uses High Intensity Focused Electro Magnetic Energy to stimulate and strengthen all the pelvic floor muscles, not just the subset that can be exercised with voluntary contractions (Kegel exercises). These stronger pelvic floor muscles restore continence and the confidence to enjoy normal daily activities without fear of losing bladder control.
- During each 30-minute session you sit comfortably on the **bodytek - MagChair™** while it generates thousands of supramaximal pelvic floor muscle contractions. Each session is equivalent to doing 11000 pelvic floor exercises but without the hard work!
- The procedure is non-invasive, and you remain fully clothed throughout. No drugs are required and the most you will feel is a slight tingling during the treatment. With no recovery time needed you can leave immediately after each session and resume normal daily activity.

The majority of people need a course of six sessions over a period of three weeks to see optimum results, with most people seeing and feeling results after just two or three treatment sessions.

[Click Here for Device Video](#)

## Benefits of the bodytek - MagChair™ Treatment

- Repairs and tightens pelvic floor helping men and women to regain bladder control.
- Improvement can be observed after a single session with results improving over the treatment period.
- Non-invasive procedure with no recovery time.
- You remain fully clothed throughout treatment.
- Walk in and walk out the same day.
- No pain – you can chat or read a book whilst undergoing treatment.

### Machine Modes

**M1** - For deeper pelvic floor muscles

**M2** - For pelvic floor muscles relaxation

**AUTO** - Continuous strong vibration of pelvic muscles, and the effect is generally better after the soreness of the pelvic muscles

**M3** - The pelvic floor muscles, prostate, uterus can be fully stimulated, resulting in strong muscle group movement

**M4** - The M4 mode has the same energy depth as the M1, but the M4 mode treats a larger area than M1 for buttocks and pelvic floor muscles, but M1 is more targeted than M4.

## bodytek - MagChair™ - Treatment Protocols

### For Urinary Incontinence

User	Mode	Energy Parameter	Time	Treatment Frequency	No. of Sessions
Middle Aged	M1	20-50/50-100	30 min	Every 2 <sup>nd</sup> or 3 <sup>rd</sup> Day	8-10
Young Females	M2	20-60/60-100			
Young Men	M3/M4	20-70/75-100			
For first time users, it is advisable to keep energy parameters at low levels the first 10 minutes					

### For Pelvic floor muscle relaxation:

User	Mode	Energy Parameter	Time	Treatment Frequency	No. of Sessions
Middle Aged	M2	20-50/50-90	30 min	Every 2 <sup>nd</sup> or 3 <sup>rd</sup> Day	8-10
Young Females	M2/Auto	20-50/50-85			
Young Men	M3	20-70/70-100			

## Contraindications

The following conditions exclude a candidate from MagChair:

- Cardiac pacemakers.
- Implanted defibrillators and neurostimulators.
- Electronic and Metal implants.
- Drug pumps.
- Haemorrhagic conditions.
- Anticoagulation therapy.
- Heart disorders or recent surgical procedures (muscle contraction may disrupt healing in the treatment area).
- Pregnant or Nursing women

This treatment would not improve a bladder or uterine prolapse. Men and women considering treatment for urinary incontinence should speak to their doctor first about the potential and known benefits and risks of all available treatment options.



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